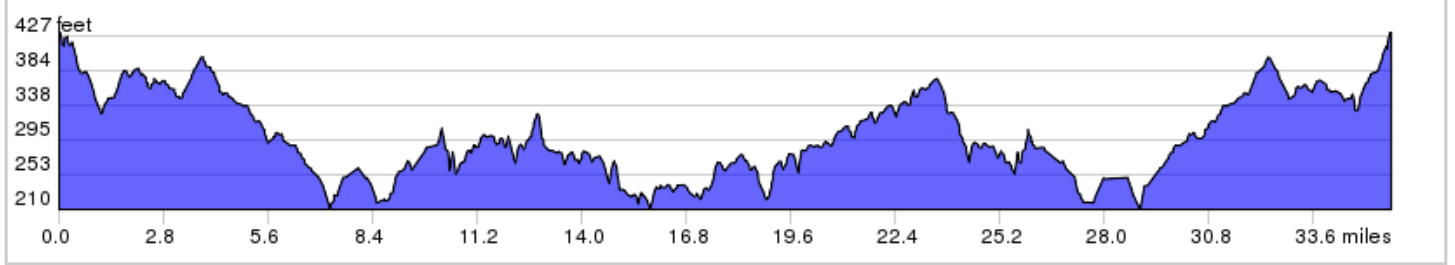


RBC 2013 Half Metric

Distance: 35.7 mi
Elevation: + 1458 / - 1458 ft
Good For: cycling

Follow **RED** arrows
Mechanics available at Rest Stops
Obey all traffic signals, signs & rules of the road



RBC 2013 Half Metric

0.0	0.0	Start of route
0.0	0.0	Start of route straight across brige
0.2	0.2	R - Sunset Hills Rd
0.9	1.1	Straight - Spring St
0.8	1.9	L - Van Buren St
0.1	2.0	R - Spring St
0.4	2.4	L - Locust St
0.2	2.5	R - Grace St
0.1	2.7	Straight - Cross Elden St
0.2	2.9	L - W&OD Trail
7.3	10.1	Ashburn Rest Stop Open 7:00 to 4:30
0.0	10.1	L - VA 641/Ashburn Rd
0.0	10.2	R - VA 642/Hay Rd
0.6	10.8	R - Coppersmith Dr
0.3	11.1	R - Breezyhill Dr
0.4	11.5	R - Claiborne Pkwy
1.1	12.6	R - Gloucester Pkwy
0.3	13.0	L - VA 641/Ashburn Rd

13.0 miles. +471/-608 feet

0.4	13.4	R - Louisa Dr
0.3	13.7	L - Ashburn Village Blvd
0.3	14.0	R - Russell Branch Pkwy
1.6	15.6	R - Exchange St
0.4	16.0	R - Marblehead Dr
1.0	17.0	R - Gloucester Pkwy
1.0	18.1	L - Ashburn Village Blvd
3.4	21.4	R - Wynridge Dr
0.6	22.0	R - Claiborne Pkwy
2.9	24.9	R - VA 642/Hay Rd
1.1	26.0	L - VA 641/Ashburn Rd
0.0	26.0	R - W&OD Trail Ashburn_Rest_Stop Open 7:00 to 4:30
9.3	35.3	L - use Old W&OD Trail to Reston Town Center
0.3	35.6	L - Democracy Dr Straight to End
0.1	35.7	End of route

22.7 miles. +882/-729 feet

Follow **RED** arrows
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Help: 571-207-9922 Emergency: 911