

Reston Century Bike Ride 2013 - FINAL PLAN

Mission: Provide continuous radio communications for the Reston Bicycle Club on Sunday, August 25, 2013.

Reference: Maps and Cue Sheets Published by Reston Bike Club are attached below.

Hours of operations:

Net Control: 06:00 to 18:00 (or until event officially over)

Rest stops:

Reston Town Center: 06:30 to 17:30

Ashburn (mile 10 and 93): 07:00 to 16:30

Hamilton (mile 31): 07:30 to 13:00

Round Hill (mile 45): 08:30 to 14:00

Lovettsville (mile 63): 08:30 to 14:30

Old Mill (mile 80): 09:00 to 15:30

Except for the Round Hill rest stop, there will be a bike mechanic/shop at each rest stop.

INSERT EXACT LOCATION FOR EACH REST STOP HERE

Procedures:

NOTE: THIS IS A RAIN OR SHINE EVENT. THERE IS A 100% CHANCE THAT THE EVENT WILL TAKE PLACE AND 50% CHANCE OF RAIN WITH WIDELY SCATTERED THUNDER SHOWERS. THE NCS WILL RUN 100% OF THE TIME ON ALL BANDS IN ANY WEATHER INCLUDING A THUNDERSTORM.

Communications will take place on a directed voice net. All communication will be on the primary frequency unless directed by net control to secondary frequencies for the handling of traffic. The net control will be located at the home of John Westerman (W5ODJ). Net control will use the call sign of K4LRG.

The net **primary frequency** will be **simplex 147.480** MHz, no tones.

A cross band repeater in Reston provided by Rick Miller (AI1V) will utilize 445.925 MHz using sub-audible tone of 100 Hz for the uplink in Reston to the simplex 147.480 net frequency. The sub-audible tone is used to reduce interference that is experienced in the Reston Town Center.

Secondary Frequency - The WA4TXE/R Repeater in Leesburg, VA which operates on 146.700 MHz with negative 600 kHz offset and with NO PL tone. Thanks to Dave for the use of his repeater for this event should that be necessary.

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Tertiary Frequency - The Dulles Amateur Radio Group's W4DLS/R Repeater at 145.310 MHz with negative 600 kHz offset and with a PL of 77 Hz. This repeater is located in eastern Loudoun County at the intersection of US Route 28 and the Dulles Toll Road. We all thank the Dulles Amateur Radio Group.

If needed, we also have available the 442.1 (no PL) repeater available to us. If necessary to use, you will be directed by Net Control to deviate to that frequency/repeater.

Utilization of the ARPS system will provide SAG vehicle location information at Net control, Hamilton and Reston Town center. The APRS systems will use 144.390 MHz for its operations and will be set up on the Friday before the event.

Contacting Net Control via the Public Phone Network:

The primary phone number for the event to get to net control via the public telephone network is: (571) 207-9922.

This phone number will go into a software defined PBX and the caller will be given an announcement and put in to a queue for call handling.

There will be 2-3 phones with multiple line instances at net control.

This phone number has been printed on all the arm bands and documentation give to each rider.

Use this number if all your other communications to net control have failed.

NOTE:

IN AN EMERGENCY WHERE SOMEONE IS CRITICALLY INJURED OR THEIR LIFE OR THE LIFE OF OTHERS IS THREATENED PLEASE CALL 911 FIRST THEN CONVEY THIS INFORMATION TO NET CONTROL. IF SOMEONE CALLS NET CONTROL WITH A LIFE THREATENING EMERGENCY 911 WILL BE CALLED IMMEDIATELY AND WE WILL COORDINATE EMERGENCY SERVICE THE BEST WE CAN FROM NET CONTROL TO THE SCENE IN QUESTION.

Also note that particularly for locations on the higher elevations along the northern century route, 911 calls may get routed by the cell network to Frederick County instead of Loudoun if you are on a Frederick cell tower which has happened in previous years. The suggestion in the event of making a 911 call, verify you are connected to Loudoun 911 or request transfer to Loudoun 911. This will expedite getting help to you.

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ALL OPERATORS:

Be sure that you can be self sufficient for food and water. I hope that you will be able to receive water at the rest stops and snacks but it is better to be prepared to take care of your needs independently. SAG riders especially need to take food and water with them. SAG riders will be able to take care of rest stop needs when they arrive back at the rest stop after covering their route.

Other things to consider that you may want to have on-site at your rest stop:

- ★ Assume it will be raining all day!
- ★ Temporary tent ("soccer mom" type temporary push up) - borrow if you do not own
- ★ Pop-up or folding table to operate from
- ★ Electrical tape
- ★ Duct tape
- ★ 3 lb sledge
- ★ Warning flagging for guys
- ★ Rope
- ★ Tarp for sunshade
- ★ Misc tools
- ★ Hammer and nails
- ★ Step ladder
- ★ Chairs to sit upon
- ★ Cushion
- ★ Food and drink
- ★ Notebook for logging
- ★ Printed "Operations Plan"
- ★ Printed route maps

For your radio:

- ★ Good antenna
- ★ Plenty of coax
- ★ Some type of mast with mounting tripod to get antenna off the ground
- ★ Guy ring, guys, and stakes
- ★ Concrete block and rope
- ★ Battery
- ★ Generator
- ★ Laptop
- ★ Internet Access if you can

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Schedule:

Site installations at rest stops should start with 30 minutes earlier than the times given above. When you arrive at your station and are getting set up give network control a call to let them know you are there. Station captains will decide on exact time for setting up their stations at the rest stops which could be earlier than the times given here. Riders will be leaving the town center at 6:30 am. Between 06:00 and 07:00 we will be testing with the various stations providing signal reports and other information. Full net operations will commence at 06:30 in support of the ride. All stations should note during the test period what stations they can receive and provide a report to net control when asked.

SAG RIDERS/DRIVERS

See specific information below on when/where/how to meet your driver. I highly recommend that you use the information in the spreadsheet to call your partner rider by phone prior to the event and organize a pick-up spot most convenient to each of you.

If you do not have APRS gear please give us a heads-up so we can locate/allocate equipment for you. If you are a SIG driver/rider we are expecting that you have a full VHF/UHF setup with APRS available to you. Please program your APRS identifier as "SHARKx", where x is your SHARK number in the attached spreadsheet.

Other considerations:

You may want to coordinate in advance with your SAG driver to get permission/access for their vehicle for:

1. leg room to park your radio(s),
2. temporary magnet mount antenna(s) on roof, and
3. 12VDC power (lighter socket, for example). If no power is available (often their socket is already full!), plan on bringing your own
4. 3-way lighter socket adaptor (for more holes to poke!), or
5. a modest 12VDC battery, in a nice & safe protective box.

NET CONTROL

Net control will establish the net at 06:00 and will begin station check in and testing when they come online. All sites, SAG riders and stations should remain operational until told to secure by net control. It is estimated this time will be before 17:00. In the years 2011 and 2012 it was closer to 16:00.

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LOGS:

Each station leader indicated below will keep two logs: One for the operations and one for contacts of anyone interested in what we are doing and how we can reach out to them after the event.

LARG Member Participation

See spreadsheet below for all of the details for participation in the network control, each station and each SAG.

2013 Rest Stop Hours, Groups Served, and Addresses.

Reston Town Center

06:30 to 17:30;
All Groups – miles 0 and finish

Ashburn

[Carolina Brothers BBQ](#)
20702 Ashburn Road
Ashburn, Virginia 20147
07:00 to 16:30
All Groups – miles 10, 26, 55.7, 94

Hamilton

[Hamilton Community Park](#)
31 W Colonial Hwy
Hamilton, VA
07:30 to 13:00
Metric and Century groups – mile 31

Round Hill

[Round Hill Volunteer Fire Department](#)
4 Main Street
Round Hill, Virginia 20142
08:30 to 14:00
Century only – mile 45.6

Lovettsville

[Lovettsville Community Center](#)
57 E. Broad Way
Lovettsville, VA 20180
Ph: 540-822-5284
08:30 to 14:30
Century only – mile 62.4

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Old Mill (Hamilton Station Rd/Irene)

[Loudoun Mill](#)

39098 Irene Rd.

Hamilton, VA 20158

(540) 338-7161

09:00 to 15:30

Metric and Century groups – miles 42.1, 80.2;

EPILOGUE

One last request: Please take photographs of your station, SAG operation, NCS or anything else you may think might going well on the public web site. AI2C will be putting together a section on the event which will be published to the public. Even if it's one photograph with a few words it will be very beneficial to put on the web.

This document is a work in progress and we put all the details together. Information comes at me daily and as a result these documents will change. Keep an eye out for the changes. New documents will be published with the date of the change so you can always tell if you have the latest document compared to what you have already received.

If you have any questions don't hesitate to contact me. E-mail is phone, but if you need a quick answer please call my phone number given here.