

0.0	Start of route
0.0	Start - Straight_across bridge
0.2	R - Sunset Hills Rd
1.1	Straight - Spring St
1.9	L - Van Buren St
2.0	R - Spring St
2.4	L - Locust St
2.5	R - Grace St
3.1	L - W&OD Trail
10.5	Ashburn Rest Stop 7:00 to 4:30
10.5	L - Ashburn Rd
10.5	R - Hay Rd
11.2	R - Coppersmith Dr
11.5	R - Breezyhill Dr
11.9	Straight-across Claiborne Pkwy to Portsmouth Blvd
12.6	R - Belmont Ridge
13.1	L - W&OD Trail

13.1 miles. +450/-584 feet

31.4	L - Hamilton Rest Stop Open_7:30 to 1:00 Leave L on VA Bus 7
32.8	At the traffic circle, 3rd exit onto State Rte 1610
34.4	S - Cross Rt 611 to West A St
35.1	L - Rt 690
39.6	R - Snickersville Turnpike
41.9	R - Airmont Rd
45.4	Cross Loudoun ST to Main St
45.4	L - Round Hill Fire Rest Stop Open 8:30 to 2:00
45.4	L - Main St
45.9	Becomes Woodgrove Rd
50.2	R - Stony Point Rd
51.5	R - Charles Town Pike/ Rt 9
52.1	L - Mountain Rd
55.4	L - to stay on Mountain Rd
59.2	S - becomes Irish Corner Rd
61.6	R - and proceed around square

30.8 miles. +1917/-1935 feet

14.3	R - Cochran Mill Rd
15.7	L - Becomes Russell Branch Pkwy
16.0	R - Crosstrail Blvd
16.2	Cross Rt 7 to River Creek Pkwy
17.9	S - Becomes Edwards Ferry Rd
19.0	R - Battlefield Pkwy NE
20.5	Cross Rt 15
21.0	L - Catocin Cir NE
21.4	At the traffic circle, continue straight to stay on Catocin Cir NE
21.5	At 2nd traffic circle, take 1st exit onto North St NE
21.8	L - to stay on North St NE
22.2	L - N King St
22.6	R - W&OD Trail
23.1	L - Dry Mill Rd
24.2	L - Woodburn Rd
26.5	R - Harmony Church Rd
30.8	L - VA-7 BUS West

17.7 miles. +1304/-1019 feet

61.8	R - E Broad Way
62.2	L - Lovettsville Rest Stop Open 8:30 to 2:30 Leave L
62.3	L - Lovettsville Rd
65.3	R - Taylorstown Rd
70.6	L - Newvalley Church Rd
71.2	R - Stumptown Rd
74.2	L - Loyalty Rd
76.4	S - becomes Clarkes Gap
76.6	R - Hamilton Station Rd
80.0	L - Irene Rd Old_Mill Rest Stop on L Open 9:30 to 3:30
80.8	R - Meadowlark Dr
82.2	R - Simpson Cir
82.6	R - W&OD Trail
93.8	Ashburn Rest Stop on L Open 7:00 to 4:30
103.1	L - Old W&OD Trail to RTC
103.5	End of route

41.9 miles. +2676/-2753 feet

0.0	Start of route
0.0	Start - Straight across bridge
0.2	R - Sunset Hills Rd
1.9	L - Van Buren St
2.0	R - Spring St
2.3	L - Locust St
2.5	R - Grace St
2.8	L - W&OD Trail
10.1	Ashburn Rest Stop on R Open 7:00 to 4:30
10.1	L - Ashburn Rd
10.1	R - Hay Rd
10.8	R - Coppersmith Dr
11.1	R - Breezyhill Dr
11.5	Straight across Claiborne Pkwy to Portsmouth Blvd
12.2	R - Belmont Ridge Rd
12.7	L - W&OD Trail
13.9	R - Cochran Mill Rd

13.9 miles. +495/-681 feet

31.0	L - Hamilton Rest Stop Open 7:30 to 1:00 Leave L on VA Bus 7
32.4	At the traffic circle, 3rd exit onto State Rte 1610
34.6	R onto State Rte 690
35.6	R onto W Main St
35.9	L onto N 23rd St
36.1	L - N 21st St
36.6	Becomes Hillsboro Rd
38.0	At the traffic circle, take 1st exit onto Alder School Rd
39.4	R - Purcellville Rd
40.7	L - W&OD Trail
44.3	R - Hamilton Station Rd
44.3	L - Irene Rd Old Mill Rest Stop on L Open 9:30 to 3:30
45.0	R - Meadowlark Dr
46.5	R - Simpson Cir
46.8	R - W&OD Trail

16.4 miles. +961/-906 feet

15.3	L - Becomes Russell Branch Pkwy
15.6	R - Crosstrail Blvd
15.8	Cross Rt 7 to River Creek Pkwy
17.5	Straight becomes Edwards Ferry Rd
18.6	R - Battlefield Pkwy NE
20.6	L onto Catoctin Cir NE
21.0	At the traffic circle, continue straight to stay on Catoctin Cir NE
21.1	At 2nd traffic circle, take 1st exit onto North St NE
21.4	L - to stay on North St NE
21.8	L - N King St
22.2	R - W&OD Trail
22.7	L - Dry Mill Rd
23.8	L - Woodburn Rd
26.1	R - Harmony Church Rd
30.4	L - VA-7 BUS West

16.5 miles. +1187/-876 feet

57.8	Ashburn Rest Stop on L Open 7:00 to 4:30
67.1	L - use Old W&OD Trail to Reston Town Center
67.4	Democracy Dr to End
67.4	End of route

20.6 miles. +404/-269 feet

0.0	Start of route
0.0	Start - Straight across brige
0.2	R - Sunset Hills Rd
1.1	Straight - Spring St
1.9	L - Van Buren St
2.0	R - Spring St
2.4	L - Locust St
2.5	R - Grace St
2.7	Straight - Cross Elden St
2.9	L - W&OD Trail
10.1	Ashburn Rest Stop Open 7:00 to 4:30
10.1	L - Ashburn Rd
10.2	R - Hay Rd
10.8	R - Coppersmith Dr
11.1	R - Breezyhill Dr
11.5	R - Claiborne Pkwy
12.6	R - Gloucester Pkwy
13.0	L - Ashburn Rd

13.0 miles. +471/-594 feet

13.4	R - Louisa Dr
13.7	L - Ashburn Village Blvd
14.0	R - Russell Branch Pkwy
15.6	R - Exchange St
16.0	R - Marblehead Dr
17.0	R - Gloucester Pkwy
18.1	L - Ashburn Village Blvd
21.4	R - Wynridge Dr
22.0	R - Claiborne Pkwy
24.9	R - Hay Rd
26.0	L - Ashburn Rd
26.0	R - W&OD Trail Ashburn_Rest_Stop Open 7:00 to 4:30
35.3	L - use Old W&OD Trail to Reston Town Center
35.6	L - Democracy Dr Straight to End
35.7	End of route

22.7 miles. +882/-732 feet